**Send any letter to your MP or Senator for free (with no postage),**

**either to their constituency office or to the Parliament Buildings.**

**\*If you have the time, please take a moment to call the Senators and MPs on the phone.**

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| List of Current Senators from B.C.  The Honourable Larry W. Campbell, Senator  The Honourable Mobina S.B. Jaffer, Senator  The Honourable Yonah Martin, Senator  The Honourable Richard Neufeld, Senator  The Honourable Nancy Greene Raine, Senator  The Honourable Yuen Pau Woo, Senator | **The address on every Senator letter is:**  The Honourable (Senator’s full name), Senator  The Senate of Canada Ottawa, Ontario Canada K1A 0A4 |
| Salutation:  Dear Senator (Senator’s last name),  (Example: Dear Senator Campbell,)  Final Salutation:  Sincerely, / Yours sincerely,  (Your name) | Each individual letter e-mail address is:  [larry.campbell@sen.parl.gc.ca](mailto:larry.campbell@sen.parl.gc.ca)  [mobina.jaffer@sen.parl.gc.ca](mailto:mobina.jaffer@sen.parl.gc.ca)  [martin@sen.parl.gc.ca](mailto:martin@sen.parl.gc.ca)    (Yonah Martin  [richard.neufeld@sen.parl.gc.ca](mailto:richard.neufeld@sen.parl.gc.ca)  [nancy.raine@sen.parl.gc.ca](mailto:nancy.raine@sen.parl.gc.ca)  [YuenPau.Woo@sen.parl.gc.ca](mailto:YuenPau.Woo@sen.parl.gc.ca) |

**List of Current Members of Parliament from Greater Vancouver Region**

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| **The address on every MP envelope is:**  The Honourable John Smith, P.C., M.P. House of Commons Ottawa, Ontario K1A 0A6 | Salutation:  Dear Mr. / Ms. (MP’s last name)  Example: “Dear Mr. Aldag,”….  Final Salutation:  Yours, / Yours sincerely, |
| **John Aldag (Cloverdale – Langley City)**  [John.Aldag@parl.gc.ca](mailto:John.Aldag@parl.gc.ca)  19211 Fraser Highway (Main Office)  Suite 105 Surrey, British Columbia  V3S 2C9  Telephone: 604-575-6595  Fax: 604-575-6599 | **Terry Beech (Burnaby North – Seymour)**  [Terry.Beech@parl.gc.ca](mailto:Terry.Beech@parl.gc.ca)  3906 Hastings Street (Main Office)  Burnaby, British Columbia  V5C 6C1  Telephone: 604-718-8870  Fax: 604-718-8874 |
| **Don Davies (Vancouver Kingsway)**  [don.davies@parl.gc.ca](mailto:don.davies@parl.gc.ca)  2951 Kingsway (Main Office)  Vancouver, British Columbia  V5R 5J4  Telephone: 604-775-6263  Fax: 604-775-6284 | **Sukh Dhaliwal (Surrey – Newton)**  [Sukh.Dhaliwal@parl.gc.ca](mailto:Sukh.Dhaliwal@parl.gc.ca)  12992 - 76th Avenue (Main Office)  Unit 202  Surrey, British Columbia  V3W 2V6  Telephone: 604-598-2200  Fax: 604-598-2212 |
| **Fin Donnelly (Port Moody – Coquitlam)**  [fin.donnelly@parl.gc.ca](mailto:fin.donnelly@parl.gc.ca)  1116 Austin Avenue (Main Office)  Coquitlam, British Columbia  V3K 3P5  Telephone: 604-664-9229  Fax: 604-664-9231 | **Hon. Alice Wong (Richmond Centre)**  [alice.wong@parl.gc.ca](mailto:alice.wong@parl.gc.ca)  5951 Number 3 Road (Main Office)  Suite 360  Richmond, British Columbia  V6X 2E3  Telephone: 604-775-5790  Fax: 604-775-6291 |
| **Hon. Ed Fast (Abbotsford)**  [ed.fast@parl.gc.ca](mailto:ed.fast@parl.gc.ca)  2825 Clearbrook Road (Main Office)  Suite 205  Abbotsford, British Columbia  V2T 6S3  Telephone: 604-557-7888  Fax: 604-557-9918 | **Hon. Hedy Fry (Vancouver Centre)**  [hedy.fry@parl.gc.ca](mailto:hedy.fry@parl.gc.ca)  1030 Denman Street (Main Office)  Suite 106  Vancouver, British Columbia  V6G 2M6  Telephone: 604-666-0135  Fax: 604-666-0114 |
| **Pam Goldsmith-Jones**  **(West Vancouver – Sunshine Coast – Sea to Sky Country)**  [Pam.Goldsmith-Jones@parl.gc.ca](mailto:Pam.Goldsmith-Jones@parl.gc.ca)  No listing for a constituency office | **Dianne L. Watts (South Surrey – White Rock)**  [Dianne.Watts@parl.gc.ca](mailto:Dianne.Watts@parl.gc.ca)  15355 - 24th Avenue (Main Office)  Suite 595  Surrey, British Columbia  V4A 2H9  Telephone: 604-542-9495 Fax: 604-542-9496 |
| **Jenny Kwan (Vancouver East)**  [Jenny.Kwan@parl.gc.ca](mailto:Jenny.Kwan@parl.gc.ca)  2572 East Hastings Street (Main Office)  Vancouver, British Columbia  V5K 1Z3  Telephone: 604-775-5800  Fax: 604-775-5811 | **Peter Julian (New Westminster – Burnaby)**  [peter.julian@parl.gc.ca](mailto:peter.julian@parl.gc.ca)  888 Carnarvon Street (Main Office)  Suite 110  New Westminster, British Columbia  V3M 0C6  Telephone: 604-775-5707 Fax: 604-775-5743 |
| **Ron McKinnon (Coquitlam - Port Coquitlam)**  [Ron.McKinnon@parl.gc.ca](mailto:Ron.McKinnon@parl.gc.ca)  3278 Westwood Street (Main Office)  Suite 101  Port Coquitlam, British Columbia V3C 3L8  Telephone: 604-927-1080  Fax: 604-927-1084 | **Joyce Murray (Vancouver Quadra)**  [joyce.murray@parl.gc.ca](mailto:joyce.murray@parl.gc.ca)  2112, West Broadway (Main Office)  Suite 206  Vancouver, British Columbia  V6K 2C8  Telephone: 604-664-9220  Fax: 604-664-9221 |
| **Joe Peschisolido (Steveston – Richmond East)**  [Joe.Peschisolido@parl.gc.ca](mailto:Joe.Peschisolido@parl.gc.ca)  120 - 11080 No.5 Road (Main Office)  Richmond, British Columbia  V7A 4E7  Telephone: 604-257-2900  Fax: 604-257-2904 | **Hon. Carla Qualtrough (Delta)**  [Carla.Qualtrough@parl.gc.ca](mailto:Carla.Qualtrough@parl.gc.ca)  7511 - 120th Street (Main Office)  Suite 104  Delta, British Columbia  V4C 0C1  Telephone: 778-593-4007  Fax: 778-593-4008 |
| **Dan Ruimy (Pitt Meadows – Maple Ridge)**  [Dan.Ruimy@parl.gc.ca](mailto:Dan.Ruimy@parl.gc.ca)  22369 Lougheed Hwy (Main Office)  Maple Ridge, British Columbia  V2X 2T3  Telephone: 604-466-2761  Fax: 604-466-7593 | **Hon. Harjit S. Sajjan (Vancouver South)**  [Harjit.Sajjan@parl.gc.ca](mailto:Harjit.Sajjan@parl.gc.ca)  6406 Victoria Drive (Main Office)  Vancouver, British Columbia  V5P 3X7  Telephone: 604-775-5323  Fax: 604-775-5420 |
| **Randeep Sarai (Surrey Centre)**  [Randeep.Sarai@parl.gc.ca](mailto:Randeep.Sarai@parl.gc.ca)  10362 King George Blvd (Main Office)  Suite 170  Surrey, British Columbia  V3T 2W5  Telephone: 604-589-2441  Fax: 604-589-2445 | **Jati Sidhu (Mission – Matsqui – Fraser Canyon)**  [Jati.Sidhu@parl.gc.ca](mailto:Jati.Sidhu@parl.gc.ca)  32081 Lougheed Highway (Main Office)  Suite B3  Mission, British Columbia  V2V 1A3  Telephone: 604-814-5710  Fax: 604-814-5714 |
| **Kennedy Stewart (Burnaby South)**  [Kennedy.Stewart@parl.gc.ca](mailto:Kennedy.Stewart@parl.gc.ca)  4940 Kingsway (Main Office)  Burnaby, British Columbia  V5H 2E2  Telephone: 604-291-8863  Fax: 604-666-0727 | **Mark Strahl (Chilliwack – Hope)**  [Mark.Strahl@parl.gc.ca](mailto:Mark.Strahl@parl.gc.ca)  7388 Vedder Road (Main Office)  Suite 102  Chilliwack, British Columbia  V2R 4E4  Telephone: 604-847-9711  Fax: 604-847-9744 |
| **Mark Warawa (Langley – Aldergrove)**  [mark.warawa@parl.gc.ca](mailto:mark.warawa@parl.gc.ca)  4769 - 222nd Street (Main Office)  Suite 104  Langley, British Columbia  V2Z 3C1  Telephone: 604-534-5955  Fax: 604-534-5970 | **Ken Hardie (Fleetwood – Port Kells)**  [Ken.Hardie@parl.gc.ca](mailto:Ken.Hardie@parl.gc.ca)  16088 - 84th Avenue (Main Office)  Suite 301  Surrey, British Columbia  V4N 0V9  Telephone: 604-501-5900  Fax: 604-501-5901 |
| **Jonathan Wilkinson (North Vancouver)**  [Jonathan.Wilkinson@parl.gc.ca](mailto:Jonathan.Wilkinson@parl.gc.ca)  102 - 3rd Street West (Main Office)  North Vancouver, British Columbia  V7M 1E8  Telephone: 604-775-6333  Fax: 604-775-6332 | **Hon. Jody Wilson-Raybould (Vancouver Granville)**  [Jody.Wilson-Raybould@parl.gc.ca](mailto:Jody.Wilson-Raybould@parl.gc.ca)  1245 West Broadway (Main Office)  Suite 104  Vancouver, British Columbia  V6H 1G7  Telephone: 604-717-1140  Fax: 604-717-1144 |